

**Table 8.3: Perceived Quality of Life Scale and Subscale Scores<sup>1,2</sup>**

Perceived Quality of Life Scale and Subscales <sup>3</sup>	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate <sup>4</sup> (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Perceived quality of life scale <sup>5</sup>							
Mean scale score	7.3	7.3	7.3	7.4	7.6	7.3	6.6
Distribution of scale score (%)							
Low (0-3)	2.5	2.1	2.7	3.2	0.7	2.9	5.1
Medium (4-6)	25.2	24.6	25.5	26.3	18.8	25.0	39.2
High (7-10)	72.3	73.3	71.8	70.5	80.5	72.1	55.7
Cognitive health subscale <sup>6</sup>							
Mean subscale score	7.6	7.7	7.5	7.3	7.7	7.5	7.2
Distribution of subscale score (%)							
Low (0-3)	4.0	4.0	3.6	5.4	2.2	4.3	7.0
Medium (4-6)	20.3	17.3	21.9	24.7	20.8	19.5	21.5
High (7-10)	75.7	78.8	74.5	69.9	77.1	76.2	71.5
Physical health subscale <sup>7</sup>							
Mean subscale score	6.3	6.3	6.3	6.5	6.9	6.3	5.2
Distribution of subscale score (%)							
Low (0-3)	11.4	10.9	11.6	12.2	5.2	10.6	26.5
Medium (4-6)	38.9	39.4	39.8	34.6	33.9	40.6	44.2
High (7-10)	49.7	49.6	48.6	53.2	60.9	48.8	29.3
Social health subscale <sup>8</sup>							
Mean subscale score	7.6	7.5	7.6	7.8	7.9	7.6	7.0
Distribution of subscale score (%)							
Low (0-3)	2.4	1.9	3.0	2.2	1.0	2.2	5.6
Medium (4-6)	21.2	20.9	21.3	21.9	15.8	21.1	32.7
High (7-10)	76.4	77.2	75.8	75.9	83.2	76.7	61.7

(Women's Health and Aging Study, baseline interview, 1992-1995)

<sup>1</sup> All variables have less than 1% missing data. Results are based on non-missing data.

<sup>2</sup> Percents and means are based on weighted data.

<sup>3</sup> Distribution of scores may not add up to 100% due to rounding.

<sup>4</sup> No ADL difficulty; disabled in two more domains (see Chapter 1).

<sup>5</sup> Scale score is mean of items 1-20 in Table 8.2.

<sup>6</sup> Subscale score is mean of items 3 and 6 in Table 8.2.

<sup>7</sup> Subscale score is mean of items 1, 2, 4, 5, and 19 in Table 8.2.

<sup>8</sup> Subscale score is mean of items 8-18 and 20 in Table 8.2.